YSGOL GWYDDORAU GOFAL IECHYD

PRIFYSGOL BANGOR UNIVERSITY

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Bore Astudio Iechyd Rhywiol

12 Mai

**Ydi'ch gwaith yn ymwneud â hyrwyddo iechyd rhywiol?
Ydych chi eisiau gwybod mwy am dueddiadau presennol mewn heintiau a drosglwyddir yn rhywiol?**

Mae'r bore astudio hwn yn addas i unrhyw un sydd â diddordeb mewn iechyd rhywiol a heintiau a drosglwyddir yn rhywiol, yn cynnwys nyrsys, comisiynwyr gwasanaeth iechyd rhywiol, rheolwyr, nyrsys ysgol, staff iechyd a gofal a myfyrwyr. Bydd yn ymdrin â rhai o'r heintiau firol a bacteriol pwysicaf, pa mor gyffredin ydynt a sut maent yn cael eu trosglwyddo, yn ogystal â rhoi sylw i gysyniadau hybu iechyd fel ffordd o'u hatal.

Lleoliad: Prifysgol Bangor, Bangor

Amser	Cynnwys
9.00 – 9.30	Cofrestru a choffi/te
9.30 – 10.00	Croeso a chyflwyniad Cyflwyno'r sefyllfa gyffredinol - iechyd rhywiol yng Nghymru a'r DU
10.00 – 11.00	Heintiau a drosglwyddir yn rhywiol - risgiau, canlyniadau a dulliau atal
11.00 – 11.30	Coffi, cacennau a rhwydweithio
11.30 – 12.30	Gweithdy hybu iechyd rhywiol - newid calonnau, meddyliau ac ymddygiadau
12.30 – 13.00	Cyfannu'r cylch - syniadau i ddatrys yr anawsterau Sylwadau, gwerthuso, tystysgrifau a gorffen

Mae'r diwrnod astudio'n cynnwys sesiynau addysgu a gweithdai llawn gwybodaeth, wedi'u seilio ar amrywiaeth o sialensiau allweddol ym maes iechyd rhywiol sy'n effeithio ar Gymru a'r Deyrnas Unedig yn ehangach. Mae'n rhoi'r cyfle i gyfarfod ag eraill sydd â diddordeb mewn iechyd rhywiol, rhannu syniadau, adeiladu gwybodaeth a ffurfio cysylltiadau proffesiynol o fewn y maes iechyd rhywiol.

Mae diddordebau ymchwil Dr Simon Bishop yn canolbwyntio ar ymddygiad rhywiol lle cymerir risgiau a heintiau a drosglwyddir yn rhywiol, yn arbennig ymysg grwpiau a wthiwyd i'r cyrion yn y Deyrnas Unedig ac yn rhyngwladol. Mae ganddo PhD mewn Iechyd Cyhoeddus ac mae ei gyhoeddiadau diweddaraf wedi edrych ar agweddau at risg rywiol a throsglwyddo HIV yng Ngwlad Thai.

ARCHEBU / CYSYLLTU Â NI

Os hoffech gael rhagor o wybodaeth am y cwrs hwn, cysylltwch â:

Dr Simon Bishop
☎ 01248 383246
✉ s.j.bishop@bangor.ac.uk
Ysgol Gwyddorau Gofal Iechyd, Fron Heulog, Prifysgol Bangor, Bangor, Gwynedd LL57 2EF

Archebu

I archebu lle, ewch i siop ar-lein y brifysgol:

https://shop.bangor.ac.uk/product-catalogue/coleg-gwyddorau-iechyd-ac-ymddygiad-college-of-health-and-behavioural-sciences/sexual-health-study-day-12th-of-may-2018

SCHOOL OF HEALTHCARE SCIENCES

PRIFYSGOL BANGOR UNIVERSITY

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Sexual Health Study Morning

12th May

**Does your work involve promoting sexual health?
Do you want to know more about current and emerging trends in sexually transmitted infections?**

This study morning is suitable for anyone with an interest in sexual health and sexually transmitted infections, including nurses, sexual health service commissioners, managers, School Nurses and front-line health and care staff and students. It introduces some of the most important viral and bacterial infections, their prevalence and routes of transmission, as well as engaging with concepts of health promotion as an approach to prevention.

Venue: Bangor University, Bangor

Time	Content
9.00 – 9.30	Registration and coffee/tea
9.30 – 10.00	Welcome and Introduction Setting the scene – The sexual health picture in Wales and the wider UK
10.00 – 11.00	Sexually transmitted infections – Risks, consequences and approaches to prevention.
11.00 – 11.30	Coffee, pastries and networking
11.30 – 12.30	Sexual health promotion workshop – Changing hearts, minds and behaviours
12.30 – 13.00	Squaring the circle – Ideas for solving the insoluble Feedback, evaluation, certificates and close

The study day includes informative teaching and workshop sessions based around a variety of key sexual health challenges affecting Wales and the wider UK. It provides the opportunity to meet others with an interest in sexual health, share ideas, build knowledge and make professional links within the sexual health community.

Dr Simon Bishop's research interests focus on sexual risk-taking behaviour and sexually transmitted infections, particularly amongst marginalised groups both with the UK and internationally. He holds a PhD in Public Health and his most recent publications have explored attitudes towards sexual risk and HIV transmission in Thailand.

BOOK / GET IN TOUCH

If you would like further information about this course please contact:

Dr Simon Bishop,
☎ 01248 383246
✉ s.j.bishop@bangor.ac.uk
School of Healthcare Sciences, Fron Heulog, Bangor University Gwynedd LL57 2EF

Book

To book a place please visit the University online shop:

https://shop.bangor.ac.uk/product-catalogue/coleg-gwyddorau-iechyd-ac-ymddygiad-college-of-health-and-behavioural-sciences/sexual-health-study-day-12th-of-may-2018